



Hospital Corps Force Report

Director, Hospital Corps

Shipmates,

As we near the middle of the year and find ourselves in the midst of spring, I would like all of you to take a pause and think about the progress we have made as a Navy Medicine team. The fight against COVID-19 has been a tough one-grueling and, at times, seemingly endless. From the Military Treatment Facilities standing up COVID-19 testing and vaccine sites to our Sailors throughout the country who continue to support DSCA missions, the outstanding work that is put forward is never lost on me.

Speaking of great work, this month, I was able to visit with the students and staff at Hospital Corpsman class "A" school in Fort Sam Houston, Texas. Great job to the instructors and staff who have taken this most challenging assignment to ensure we deliver well-trained, confident, and highly capable Hospital Corpsman out to our MTFs, Fleet, and FMF.

We also concluded our Navy Medicine Sailor of the Year board this month (a bit later than most years due to board delays caused by the pandemic). All of the finalists were outstanding and represented the best of Navy Medicine. Congratulations to HM1 Michael Shoener, who was selected as the FY20 Bureau of Medicine and Surgery Sailor of the Year!

As we emerge from this pandemic and ease back into normalcy, we must prepare ourselves to meet mission requirements by paying attention to our individual physical fitness. Physical fitness has been just as important over the past year as in the years prior. Countless studies reveal that being active improves the quality of life and performance both on and off duty. With the Navy's Physical Readiness Program restarting and the Physical Fitness Assessment quickly approaching, there is no better time than now to improve your fitness. To find more information and links to resources, please see page 5 of this issue.

Self-care and overall readiness are critical as we ramp up to meet additional worldwide requirements that the year may bring, plus continue to support COVID-19 operations in the United States. Taking the time to plan a work-life balance will help reduce stress and prevent burnout.

Lastly, but surely not least! A special thank you to my departing Deputy, HMCM Michael W. Faasen, Deputy Director, Hospital Corps for his outstanding contributions. He has made a lasting and positive impact in this office and Navy Medicine.

The efforts you ALL have put forth the past year have significantly impacted the pandemic; please make time to relax this spring for yourselves and your families.

Hooyah Shipmates!
Force Roberts

May 2021



Michael J. Roberts
FORCM(FMF/SW/AW)
Director, Hospital Corps



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COVID-19 UPDATES

NAVADMIN 086/21 UPDATE TO COMMANDERS ON ADJUSTING HEALTH PROTECTION CONDITIONS AND BASE SERVICES DURING COVID-19 PANDEMIC

Decisions to change the HPCON will be based on local public health surveillance data; guidance from the CDC or from host nation equivalent if OCONUS; collaboration with state, territorial, and local public health and medical authorities; coordinated between nearby installations; and advice from the command public health emergency officer (PHEO) and local military medical treatment facility (MTF).

ALNAV 032/21 UPDATE TO DEPARTMENT OF THE NAVY HEALTH PROTECTION CONDITION POLICIES

Effective immediately, immunized Sailors and Marines will be subject to individual restrictions no higher than those corresponding to health protection condition (HPCON) B, regardless of the HPCON status of the installation to which they are assigned. Further, recent Secretary of Defense guidance will allow many installations to transition from HPCON C to HPCON B where applicable, those changes will be immediate.

To read the full NAVADMIN please visit MyNavy HR via the below link:

<https://www.mynavyhr.navy.mil/References/Messages/>



MILITARY SOURCES OF INFORMATION

Navy Medicine has continued to provide up-to-date information to ensure that the Navy Medicine team remains healthy and safe. The link below will direct you to the Navy Medicine homepage, where there is a plethora of information and guidance.

<https://www.med.navy.mil/Pages/default.aspx>

Knowing the steps taken and the timeline in which the military has acted against COVID-19 is valuable data for current research and future efforts. The links below will take you to the DoD and Navy Response Timelines:

<https://navylive.dodlive.mil/2020/03/15/u-s-navy-covid-19-updates/>



BUMED COVID-19 WATCH NUMBER

For any and all questions or concerns that you may have call the BUMED COVID-19 watch number below:
(703) 681-1087



SHIPMATES AROUND THE HOSPITAL CORPS

2020 Bureau of Medicine and Surgery Sailor of the Year

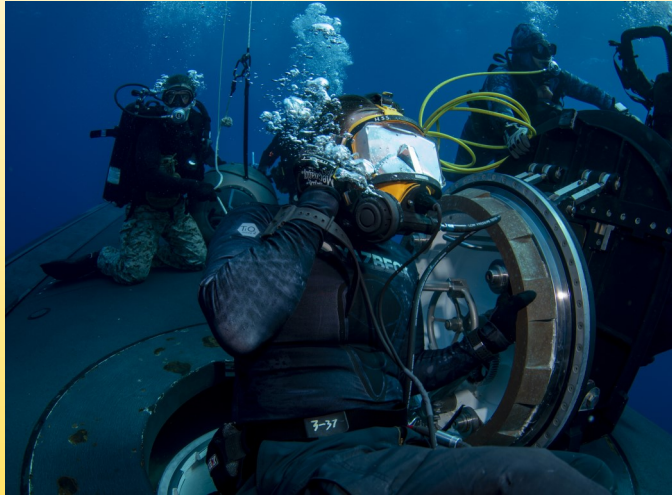


Force Master Chief Michael J. Roberts, Director of the Hospital Corps, poses with Navy Medicine's fiscal year 2020 Sailor of the Year candidates. (From left to right) Hospital Corpsman 1st Class Dylan Marrone, assigned to Walter Reed National Military Medical Center, Bethesda, Maryland; Hospital Corpsman 1st Class Thurman McCray III, assigned to Naval Hospital Guam; Hospital Corpsman 1st Class Alexis J. Sandoval, assigned to Bureau of Medicine and Surgery, Falls Church, Virginia, and Hospital Corpsman 1st Class Michael Shoener, from Navy Medicine Training Support Center / Naval Medical Forces Support Command (NMTSC/NMFSC).

All candidates were outstanding and represented their Commands with pride. After much deliberation, Hospital Corpsman 1st Class Michael Shoener, from Navy Medicine Training Support Center / Naval Medical Forces Support Command, was selected as the Bureau of Medicine and Surgery Sailor of the Year.

(U.S. Navy photo by Mass Communication Specialist 1st Class John Grandin / Released)

SHIPMATES AROUND THE HOSPITAL CORPS



HM2 (DV/SW/PJ) Daniel Trageser is currently assigned to Dry Deck Shelter Platoon One, Seal Delivery Vehicle Team One as an embedded Dive Medical Technician. His recent work aboard the USS New Mexico went far beyond his medical acumen. He completed four Lock-Out Trunk Dives as Lead Diver overseeing first-time validation of three sensitive maritime equipment priorities, while managing Diver Quality Air Sampling, and assisting in the contact tracing, testing, and isolation of a large-scale COVID-19 outbreak. He embodies the adaptability and broad technical competence that defines Hospital Corpsmen, and is an example to his peers in both the medical and diving communities. Bravo Zulu HM2 Trageser!

BRAVO ZULU SHIPMATES!

Jacksonville Florida, Force Master Chief Roberts Speaks with Sailors supporting a Defense Support of Civil Authorities (DSCA) mission as they deliver COVID-19 vaccines at the Community Vaccination Center at the Gateway Mall in Jacksonville, Florida.





Force Career Counselor's Corner



OARS – Occupational Advancement Requirement Standards to E4

Occupational Advancement Requirement Standards (OARS) may be used to validate minimum competencies for E3 Sailors performing various rating-specific tasks expected of an E4 in that rating. OARS is foundationally based on the Apprentice Occupational Standards (OCCSTDs) for the rating and are updated following changes to the OCCSTDs. As such, OARS establishes the baseline for rating knowledge and required skillsets at the Apprentice level.

OARS does not replace the Navy Wide Advancement Exam at this time, however, OARS is a positive signal that a Sailor has the requisite knowledge and skillsets required to perform as an E4 in that rating. It is a great way for our E3s to prepare for advancement.

OARS can be found via the Navy cool website via MyNavy portal, or the Navy cool app.

To learn more, please copy and paste the below link to your browser:

<https://www.cool.navy.mil/usn/enlisted/hm.htm>



Physical Fitness



Regular physical activity reduces the risk of many adverse health outcomes and increases life expectancy. Being active also improves overall quality of life and performance - both on and off the job. According to the 2015 Fleet and Marine Corps Health Risk Assessment Annual Report, 28 percent of active duty Navy and 18 percent of active duty Marine Corps respondents indicated a lack of moderate or vigorous intensity aerobic exercise in their routine. A smaller percentage of active duty Navy and Marine Corps respondents indicated a lack of strength training exercises, 21 percent and 11 percent, respectively. The positive picture is active duty Sailors and Marines exceed the general population in their activity levels as less than half of the overall U.S. adult population gets the recommended physical activity needed each week.

To learn more, please visit Navy and Marine Public Health Center at the below web page:

<https://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/hp-toolbox-may.aspx>



NEC IN THE SPOTLIGHT AEROSPACE PHYSIOLOGY TECHNICIAN

L07A - Aerospace Physiology Technician Serves as a technical assistant to the Aerospace Physiologist. Provides instruction to aviation and non-aviation personnel in aeromedical aspects of flight, in-flight visual problems, spatial disorientation, emergency egress systems, personal life support equipment, and water survival techniques. Operates and maintains training devices specific to the aviation physiology and aviation water survival training programs. Performs the administrative duties required of the Aviation Physiology Training Units. Assists in the fleet introduction and evaluation of aviator's personal and survival equipment.

All applicants for L07A orders MUST follow CANTRAC requirements before arrival at NAMI for training. If a candidate does not submit all package enclosures to the email address listed in CANTRAC within 60 days of class start date, the rating detailer will be notified and the candidate will be reassigned new orders as "needs of the Navy".

For more information, contact the HM-L07A Enlisted Technical Leader, HMC(FMF) Michael Pena at (202)814-7869 or Michael.J.Pena@WHMO.mil.



Enlisted Technical Leader (ETL) Corner

Our office is currently accepting applications for Enlisted Technical Leaders for, **Hemodialysis Technician (L13A)**, **Occupational Therapy Assistant (L21A)**, and **Histopathology Technician (L30A)**, **L03A - Field Medical Service Technician**. Contact the current ETL for more information.

Packages are to be submitted NLT 31 May 2021

E-mail packages to: usn.ncr.bumedfchva.mbx.hm-planner@mail.mil.



In Remembrance

HM3 Wiener, Jeffrey L., II Marine Expeditionary Force (MEF), died May 7, 2005 in a combat related incident.

HM3 Wood, Zarian, India Company, 3rd Battalion, 1st Marines, 1st Marine Division, I Marine Expeditionary Force, died May 16, 2010 of wounds sustained from an IED blast while conducting a dismounted patrol in Helmand Province, Afghanistan.

HM3 Hamilton, Lee, Regimental Combat Team-5, I Marine Expeditionary Force (Forward), and permanently assigned to 2nd Marine Division Fleet Marine Force Atlantic, Camp Lejeune, NC, died May 17, 2006 as a result of enemy action in Al Anbar province, Iraq.

HN Warren, Eric D., 1st Battalion, 8th Marines, Regimental Combat Team 6, 1st MARDIV (Forward), I Marine Expeditionary Force (Forward), Camp Lejeune, NC, died May 26, 2012 of wounds sustained from an IED blast in Sangin District, Helmand Province, Afghanistan.

You will never be forgotten.

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Fair Winds and Following Seas

These dedicated Navy leaders will be piped ashore this month. We all hope the next chapter of your lives is even more rewarding.

HMC	AKERS JOHNATHAN SCOTT
HMCM	ALI ANDREW SYAM
HMC	ALVARENGA OSCAR E
HMCS	AUCLAIR RYAN SCOTT
HM1	BAILEY WAYNE RUDOLPH
HM1	BARGER KEVIN SCOTT
HMC	BARNES LENE ANTHONY
HMC	BORAL PERCIVAL GIMENEZ
HMC	BRAUN RONALD
HM1	CENINA PHILIP TOLENTINO
HM1	CLARK NAKIA SHANTHANE
HM1	COWLEY CLAYTON W
HM1	DARITY BILLY JO
HMC	DICUS JEREMY DAVID
HMCS	DUBOIS ALMA CHRISTINE
HM1	ERICKSON ALEXANDER CHRISTIA
HMC	FARQUE DAVID BRIAN
HMC	FLETCHER MICHAEL DAVID

HMCS	GIBSON MARK DUANE
HMC	GREGORY ERIC SCOTT
HMC	GRIMES KEITH ALLEN
HM1	GUZMANHERNANDEZ RICARDO ANT
HMC	KERR TIMOTHY JOE
HM1	KROLL JENNIFER LYNN
HM1	LEON VIRGINIA
HM1	MARQUEZ ELJON DAVID
HMC	MINDORO BYRON COMETA
HMC	PARIS NICHOLAS B
HMC	PEARCE JUSTIN GEORGE
HM1	PHILPOTT IVIN RUSSELL III
HM1	QUICK DANIEL BRUCE
HMC	REEVES SEAN CHRISTOPHER
HMC	REYNOLDS ARDELIA ALEMECE
HM1	TOLAND TERRENCE MARQUIS
HMC	WALKER OATHER III
HMC	WILSON DEVAL ANTHONY

Thank you for your dedicated service to our Navy and our Nation!

